YOU HAVE BEEN SCHEDULED FOR THE FOLLOWING

URODYNAMIC EVALUATION

DATE OF TEST: ___________________  APPT. TIME ______ AM/PM

DESCRIPTION OF URODYNAMIC EVALUATION:

Urodynamics is an in-depth evaluation of the lower urinary tract (bladder and bladder outlet or urethra).

These studies are important to diagnosing problems such as:
Loss of urinary control
Urinary retention (inability to pass urine)
Frequency of urination

If you have been taking medication specifically to help your bladder relax or work better, stop taking it **5 days** before evaluation unless specifically instructed not to stop.

Examples of Medication that should be stopped include:
- Ditropan (oxybutynin)
- Probanthine (propantheline)
- Tofranil (imipramine)
- Uripas, Cystopaz, Dibenzyline, Minipress (prazosin)
- Detrol, Vescicare, Oxytrol, Santura, Toviaz, Enablex
- Flomax, Rapaflo, Uroxatral, Gelnique

DO NOT APPLY excessive body lotion, powder, or vaginal cream

DO NOT STOP antibiotics you are taking for bladder or kidney infections

Take antibiotics if you have Mitral Valve issues or if you take antibiotics before dental cleanings

DRINK – 24-32 ozs of water 60 minutes prior appointment

PLEASE NOTIFY OFFICE 24-48 HOURS IN ADVANCE IF YOU CANNOT MAKE YOUR APPOINTMENT OR YOU WILL BE CHARGED